



Fort Nelson First Nation

Strong. Healthy. Proud. Self-reliant.

INTERNAL/EXTERNAL POSTING

Job Title:	Wellness Counsellor	Posting #:	44-2024
Department:	Health & Community Services	Grade:	7
Location:	Office at 5001 Dene Etene Rd; Multiple Sites Served	FTE:	1.0
Supervisor:	Director, Health & Community Services	Starting Rate:	\$36.45/hr
Key Areas:	Outreach, Client Support, Wellness Programs	First Posted:	2024-11-14
Effective Date:	Immediate, full time permanent	Closes:	2024-11-27

What You'll Do

The Wellness Counsellor provides a variety of mental health services to individuals across all age groups within the Fort Nelson First Nation Health and Wellness Program. This includes conducting assessments, developing care plans, and coordinating treatment for designated clients and their families. This work involves collaborating with a multidisciplinary team to deliver therapeutic counselling, group work, system navigation, advocacy, and education. The Wellness Counsellor links clients to appropriate resources, supports self-management, and aims to improve overall health and well-being.

Key duties include addressing mental health challenges such as anxiety, trauma, addiction, abuse, and family-related issues. The Wellness Counsellor offers therapeutic interventions using various methods, such as individual therapy, family therapy, play therapy, and group therapy, as well as crisis response and trauma debriefing. The position also involves education, cultural consultation, and responding to community crises.

The Wellness Counsellor works independently, in collaboration with other health care professionals, and maintains accountability to a licensing body. The role requires staying informed about relevant materials, policies, procedures, and other resources to assist in program development and address challenges that may arise. Other related duties as required.

Valued Qualifications

Experience:

- Three (3) years demonstrated experience as an Addictions/Wellness Counselor.

Knowledge:

- University degree or diploma in counseling; or in associated field with a specialty in addictions
- Awareness and understanding of the historical context of alcohol and drug abuse prevention and treatment within a First Nations community.
- Knowledge of wellness programs, including assessment, planning, implementation, and evaluation.

Skills:

- Strong diplomacy, negotiation, conflict resolution and people management skills.
- Highly resourceful, flexible, and adaptable.
- Strong interpersonal and communication skills.
- Good organizational, time management and prioritizing skills.
- Good computer skills and ability to use MS Office and Google Workspace™ applications.

Abilities:

- Strong critical thinking, analysis, and reasoning abilities to identify key facts.
- Ability to perform all duties in accordance with relevant legislation
- Ability to work under minimal supervision
- Ability to work in a fast-paced environment.
- Demonstrated ability to work independently and as part of a team

Other (required):

- Physically able to perform all assigned tasks



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- Politically and culturally sensitive
- Strong morals and ethics, along with a commitment to client privacy.
- Commitment to ongoing professional education.
- Compliance with BC Immunization program and TB Screening.
- Ability to provide own transportation to work.
- Criminal Record Review Program assessment (renew every 5 years); or willingness to obtain
- Valid Class 5 BC Driver's License and Drivers Abstract.

Assets:

- University Degree in Social Work or Social Services, with a specialty in addictions
- Formal training in crisis management
- Familiarity with integrated health services
- Ability to speak Dene and/or Cree.

Work Setting

Office hours typically occur between Monday and Friday from 8:30 a.m. to 4:30 p.m., excluding holidays. At times there will be a requirement to work evenings and weekends which will require schedule flexing. Driving/travel is a requirement, must be willing to drive/travel out of town to provide multi-site services, this may include travelling in winter road conditions for distances up to and greater than 100 kilometers. This worker interacts with clients, family members, visitors, staff, and government agencies. May be exposed to unpleasant dealings in emotionally charged situations; a higher level of attentiveness is required when assessing high risk clients. Overtime only when approved by the supervisor.

Benefits and Lifestyle

Join the FNFN team and enjoy a competitive hourly wage and a standard 35-hour work week. We offer a comprehensive benefits package (health/dental, insurances, weekly indemnities), a pension plan, and three weeks vacation to help you recharge. The rate offered will reflect your certifications, experience, knowledge, skills, and other valuable attributes.

Discover the unique lifestyle that Fort Nelson offers – a beautiful and affordable place to call home! Enjoy year-round indoor and outdoor recreational activities, from hiking and fishing to winter sports, along with a variety of cultural activities. Surrounded by the magnificent Northern Rockies, you'll have more time to enjoy life's simple pleasures.

Ready to Apply? Here's How:

Closes: November 27, 2024 at 11:59 p.m. *Preference may be given to qualified First Nation's applicants. Kindly forward your cover letter and resume to: recruitment@fnnation.ca

We thank all individuals for applying, but only those applicants whose applications clearly demonstrate meeting all of the requested minimum requirements will receive a reply. * Constitution Act, 1982 [Section 35]; Canadian Charter of Rights and Freedoms [Section 15(1)]; Canadian Human Rights Act [Section 16(1)]; Employment Equity Act [Section 5(a), 10(b)]; Declaration on the Rights of Indigenous Peoples [Article 22]; ILO Convention 169 on Indigenous and Tribal Peoples in Independent Countries.